

## **Ten Principles of Human Rights Training for Health Providers**

- 1) Do not engage in training for its own sake. Rather, training should be part of a broader initiative.
- 2) Training should be action-oriented and connected to advocacy.
- 3) Always plan for follow up.
- 4) Connect training to the daily practice of health providers. Human rights should be made concrete.
- 5) Involve opinion leaders and identify leaders at different levels in the health system.
- 6) Bring the voices of the patients and the marginalized into the training.
- 7) Use interactive, participatory adult methodology.
- 8) Recognize provider rights and allow space for health providers to talk about their challenges.
- 9) Use peer-led trainings.
- 10) After the training, create benchmarks, checklists, or visual reminders to help integrate human rights into health practice.